



BEARING TRUE SOUTH PC

Lykourgou 16, 19016, Artemis, Attica, Greece

G.N.T.O. Number: 0208E60000443301

VAT Number 800622939

www.bearingtruesouth.com

info@bearingtruesouth.com

+30 229 404 9993

+30 697 743 3391

+30 698 416 9994

SAILING IN THE CYCLADES



CONTENTS

- 1. SAMPLE ITINERARY**
- 2. OUR FLEET**
- 3. WHAT PEOPLE SAY ABOUT US**
- 4. OUR CANCELLATION POLICY**
- 5. PRICING AND AVAILABILITY FOR 2022**

1. SAMPLE ITINERARY



Contents

- A. Tour Overview
- B. Tour Highlights
- C. Sample Day to Day Itinerary
- D. Extra Information
- E. Tour Information
- F. What's Included / Not included

A. Tour Overview

One of the most famous archipelagos in the world, the Cyclades have way more to offer than pristine beaches, crystal clear waters and amazing sailing experiences. They are the cradle of over ten millennia of rich history, boast extreme geographical diversity, abundant marine wildlife and feature the best of traditional Aegean architecture and Mediterranean cuisine.

This sailing adventure goes far beyond mere island hopping, giving you a chance to explore way beyond each island's marina, as well as immerse in local culture, savor the local flavors and learn a thing or two about the history of this immensely beautiful part of the world.

And did we mention that it provides you with the opportunity to actively engage yourself in sailing, whether you have done it before or not? The Aegean archipelago, with its clear deep blue waters, is the ideal place to get acquainted with the basics of sailing and our skippers are always happy to show you the ropes!

B. Tour Highlights

- Immerse in the rich culture, delicious cuisine and millennia spanning history of Athens
- Explore over a dozen different beautiful sailing destinations, visiting six islands in the process
- Swim then hike to the Temple of Poseidon at Cape Sounion
- Enjoy the laid back atmosphere on the quiet island of Kythnos
- Relax in a hot spring while looking at the Milky Way at the tiny fishing village of Loutra
- Savor amazing Aegean seafood on the island of Sifnos
- See unique geological formations and swim in turquoise waters on the volcanic island of Milos
- Swim in turquoise waters by the uninhabited tiny island of Polyaigos and, if you're lucky, spot a Mediterranean seal hunting for fish
- Hike to the main town of Serifos and experience the "iron island's" coffee culture

C. Sample Day to Day Itinerary

Day 1: Athens - Cape Sounion-Kythnos

Your day starts with either a short stroll around the historic center of Athens or some last minute shopping, before you head to the marina and board the sailing boat that is going to be our home for the next week. Our skipper and guide will check you in your cabins and introduce you to the itinerary, after a short orientation.

Late afternoon we leave the marina, enjoying views of the southern suburbs of Athens. We head east, towards one of the most iconic landmarks or both the ancient and the modern world. The Temple of Poseidon, built high on a cliff over the dark blue waters at Cape Sounion, is the place where the Aegean archipelagos gets its name from.

Our destination for the night is the island of Kythnos. Gateway to the archipelago Kythnos boasts a lively main town, a world famous beach as well as postcard perfect views of the Aegean from the numerous chapels built high up in the cliffs.

We'll drop anchor in Kolona beach, a natural double bay separated by a strip of sand and spend the night there.

Overnight: Cabin aboard the sailing boat



Day 2: Kythnos - Serifos

Early in the morning, after breakfast and a swim, we snorkel towards the sea urchin colonies in the cliffs on the southern side of Kolona beach. If you're up for it, there's a short, easy hike up to a white washed chappell, overlooking the Aegean. The centuries old structure's courtyard is nowadays home to a small herd of wild goats and photo opportunities are abundant.

Late morning we leave Kythnos behind us and sail south towards the island of Serifos. Well before the island's marina, we stop for a swim in one of the various tiny bays that dot the island's eastern side.

Early evening we dock at the marina and head out to explore the island's main town, up the mountain. With its tiny alleyways, numerous chapels and windmills, vibrant coffee culture and some insane views of the archipelago to the south, Serifos is as iconic of Greece as anything. And if savoring deliciously fresh seafood right on the beach is your thing, this is the place to do so.

Overnight: Cabin aboard the sailing boat



Day 3: Serifos - Milos

In the morning you have time for a quick swim, while we prepare the sailing boat for yet another amazing sailing experience.

This time our destination is the cosmopolitan island of Milos, a volcanic island boasting unique geological formations. Some incredible sunset views without the crowds of Santorini is reason enough to visit Milos. Add in lunar like landscapes, a vibrant nightlife and incredible local food and you'll get why the island is by far our favorite destination for our guests.

If you're a meat eater we'll take you to THE place on the island to try lamb or goat stew and if you prefer seafood, the tiny fishing village of Apollonia is home to numerous family run tavernas serving fresh fish right on the water.

In the evening we'll take the local bus to the main town up in the cliffs. The town, with its traditional cycladic architecture is busy with travellers and locals alike, with boutique cafes, bistros, restaurants and shopping opportunities everywhere. If enjoying a cocktail on a balcony overlooking the Aegean is your thing, Milos delivers.

Overnight: Cabin aboard the sailing boat



Day 4: Milos - Kleftiko bay

Milos is a volcanic island, which is evident by the bizarre geological formations one sees around the island. After breakfast we get a chance to sail to two stunningly beautiful swimming spots, starting with the Kleftiko beach, in the southern tip of the island. Kleftiko used to be a pirate's cove and a visit there is one of the highlights to any trip to the Cyclades. Crystal clear waters, sea caverns and rocks pointing towards the sky, all contribute to an amazing, unique landscape. We will use the dinghy (the sailboat's inflatable motorboat) to cruise through the caves, and you can easily spend half a day here, swimming and snorkeling. Hopefully we'll get a chance to spot some mediterranean dolphins here. Music attracts them so bring your playlists.

In the evening, we'll head back to the marina in Milos and you'll have the evening to yourselves to explore the island some more. Our skipper will be there for you, to suggest things to do, places to visit and of course direct you to the most authentic of restaurants on the island.

Overnight: Cabin aboard the sailing boat



Day 5: Milos - Polyaigos - Sifnos

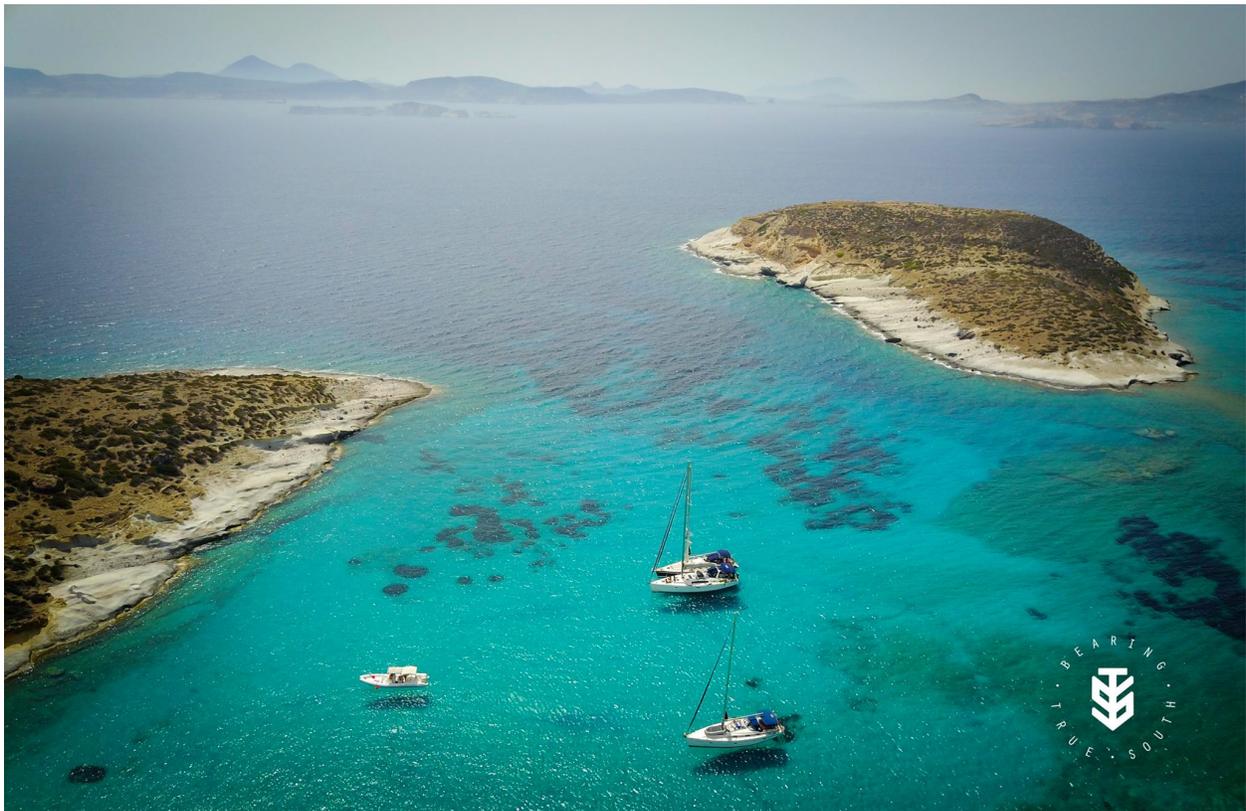
After breakfast we leave Milos behind us and head northeast passing by the straits of Kimolos. A short sail away is Polyaigos, a tiny, barren, uninhabited island that is home to a dwindling population of Mediterranean seals, usually hunting for fish near the sea caverns they call home. The highlight of any visit to Polyaigos island, besides marine wildlife lucky viewings, is swimming. The island's south side boasts some of Europe's most terrific beaches, ideal for swimming and snorkelling.

You can also hike on the island, frequently coming across wild goats grazing by the sea.

In the evening we set sail north towards the island of Sifnos. Our head skipper's favorite place in the world is the bay of Vathy on the southern part of the island.

We always try to spend a night there, as there's a great sandy beach and two family run tavernas serving what is considered by many of our guests as their best meal in Greece. Think of fresh vegetables and salads straight from the garden, goat or beef stews, grilled lobster or mullets fresh from the sea and you get the idea.

Overnight: Cabin aboard the sailing boat



Day 6: Sifnos - Kythnos

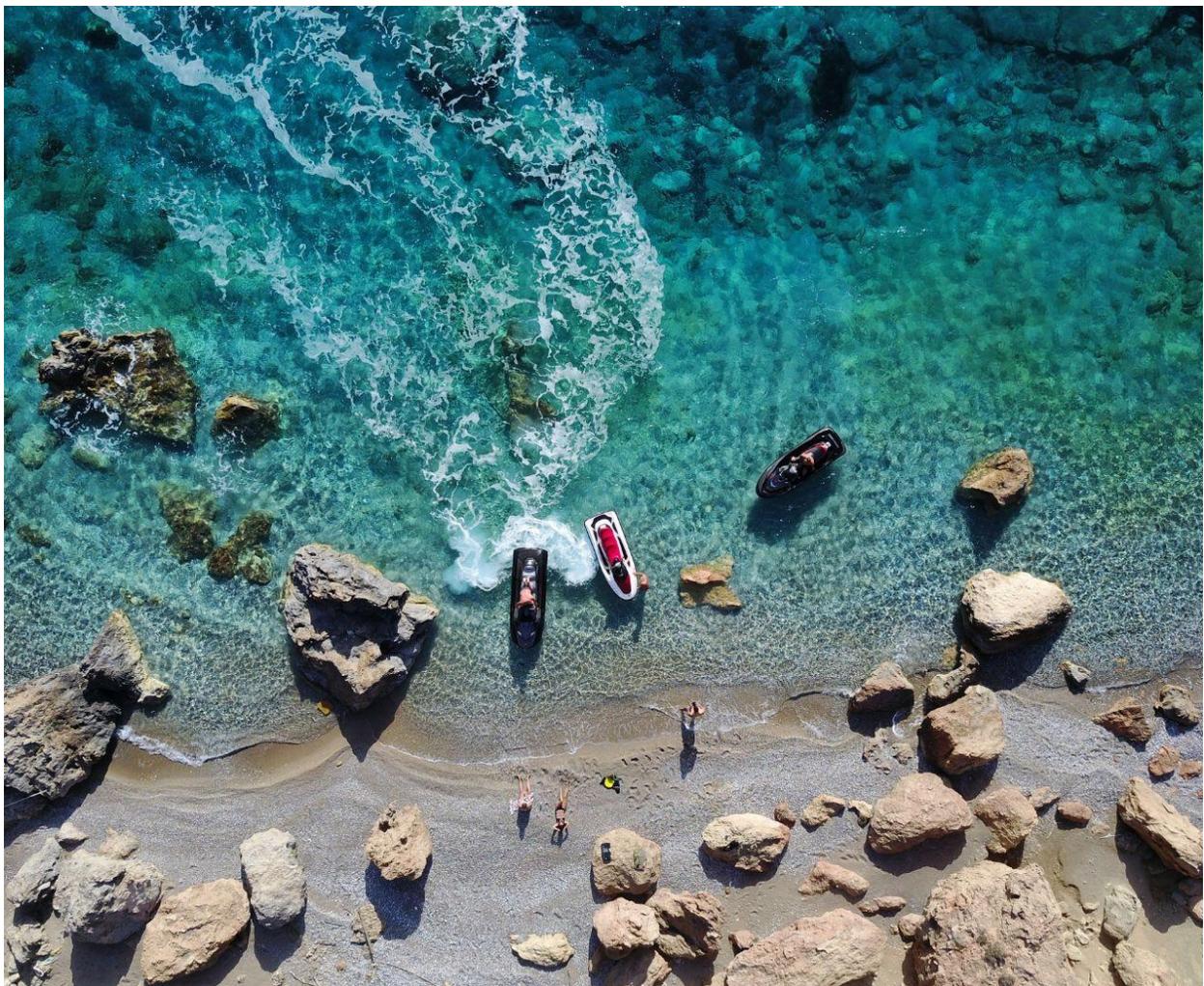
After breakfast, it's time to leave Sifnos behind us, as the island of Kythnos awaits once again. This time we head to the island's eastern side, after a stop for a midday swim in a remote bay south of the island. Our destination of the day is the tiny fishing village of Loutra.

Once there our suggestion is to unwind in the hot springs or opt for an insanely relaxing spa treatment. For 6 euros a session it's a steal! Early evening our guide will take you on a guided tour of the island's main town, which is a ten minute drive away.

The main town is stunningly beautiful, full of traditional whitewashed ancient houses, cobblestone streets and alleyways, and boasts some of the best meat based food in the archipelago. Think of grandmas observing passersby from their tiny, well kept courtyards, delicious homemade baklava and chocolate pies, friendly locals and the ever present sense that time here truly slows down, and you get the idea.

After dark feel free to enjoy a bottle of cold, locally brewed beer right on the water, or put on a bathing suit and observe the Milky Way, while relaxing in the natural pools where the hot springs meet the sea.

Overnight: Cabin aboard the sailing boat



Day 7: Kythnos - Temple of Poseidon - Athens

After a cup of traditionally brewed coffee in the fishing village of Loutra, we leave Kythnos behind us and set sails towards the mainland and Cape Sounion, home to the temple of Poseidon.

We drop anchor in one of the numerous bays close to the cliffs where the temple is built on and use the dinghy to get to shore. Once there, we'll hike to the temple and visit one of the most important archaeological sites this side of the world.

Late afternoon we'll head back towards the marina in Athens, stopping along the way for a swim.

Once at the marina your guide will be there to accompany you to the center of Athens for a proper farewell dinner in the historical center of Greece's capital.

Overnight: Cabin aboard the sailing boat



Day 8: Athens

Early in the morning we pack our bags and bid farewell to the sailing boat that's been our home for the past week and our adventure ends.

D. EXTRA INFORMATION

Duration: 8 Days / 7 Nights

Starting Point: Athens

Finishing Point: Athens

Group Size: up to 6 persons

Ages: 4 years and older (we can adjust the program for families with young children)

E. TOUR INFORMATION

Accommodation

In order to guarantee a memorable overall experience throughout your adventure with Bearing True South, we have carefully handpicked a mix of family-run, traditional hotels and guesthouses for your accommodation. On your sailing adventures with Bearing True South, we operate a fleet of 4/5 cabin sailing yachts with a large sundeck and a comfortable indoor galley for meals and relaxing. There are three/four double bed cabins under the main deck of the yacht and separate crew quarters. There is also an extra inflatable boat and a boat ladder that facilitate our swimming and snorkelling activities.

In all our trips, accommodation is operated on a twin share basis. This means that travelling as an individual, you will be sharing accommodation and room facilities with another person of the same sex or your partner, spouse, family, friend etc.

Meals

When travelling with Bearing True south, you'll experience a great variety of delicious food, based on traditional Greek cuisine. Emphasizing on the regional cuisine of our destinations, we have carefully selected local, family run, restaurants for our groups.

On a camping day or when we have a picnic lunch, we usually buy local cheeses, vegetables, meat and bread from local markets so you don't miss out on the specialities of the region.

On a day when a barbeque dinner is included in our itinerary, we usually buy local cheeses, vegetables, meat or fish and bread from local markets, we choose a quiet, beautiful island beach where you can either help with the grilling and marinating or, alternatively, you can opt to have a swim under the stars while we cook for you.

We prefer to include most meals in the standard price of our tours. This gives our groups the opportunity to eat together and enjoy a larger variety of local dishes after a long day. When a

meal is not included feel free to ask your tour leader to suggest a local restaurant in the village or town you are staying.

Generally meals on board the sailing yacht are included in the standard price of our tours. "Light lunch" and "breakfast" usually refers to fresh Mediterranean salads, milk, cereal, sandwiches, omelets or fresh fruit and local cheeses. When a meal is not included feel free to ask your tour leader to suggest a local restaurant in the village or town you are staying.

For the meal plan of the tour please refer to the day to day itinerary and the extra info of the tour. If you are a vegan or vegetarian, have any food allergies or any special requests when it comes to food, please let us know at the time of booking.

Tour Activities

The style of travel in our adventures provides us a great deal of excitement, however it is dependent on several factors, such as weather, terrain conditions and technical problems of our transportation. These may create unexpected circumstances throughout our tours that we have to deal with by making minor changes to the tour itinerary or the activities included in a particular day. For that reason the described day to day itinerary is used as a guideline which gives us the flexibility to make changes when needed.

When a "guided" tour at a historical/cultural site is mentioned, the costs of a professional guide is included in the standard tour price. In every outdoor activity we work with fully qualified operators whose safety track has been extensively assessed personally by us. The necessary equipment needed for every outdoor activity is always provided by the local activity operators. For your personal gear please refer to the "preparing for your tour" section below.

Joining Your tour

At Bearing True South, we operate "Land Only" based adventures. This means that flights to Greece are not included in the tour price. Travellers are responsible to make their own travel arrangements and make sure that they will be able to join the group at the joining point and time announced when booking. Our "Land Only" adventures provide you the flexibility to join one of our tours as part of a longer holiday in Greece. You may spend some days before or after your tour visiting another Greek region, combining adventure, leisure and rest.

Preparing For Your Trip

Before you travel, we encourage you to learn about the region you'll explore while on a tour. From local weather conditions to information on geography, local history and culture, all are essential in order to make the most out of your tour, while minimizing the possibility to face unexpected, unpleasant circumstances.

Weather Information

Greece in general has warm and humid summers lasting from May till October. In May and October weather can be less predictable with some rain and chilly temperatures being possible especially in the Greek mainland. Greek summers are generally hot, with temperatures rarely getting lower than 25 degrees Celsius in most of our destinations, while temperatures of over 40 degrees Celsius during the day are not unheard of in July and August. In the open sea, weather

can be tough to predict all year round, but in the summer the seas are generally calm and ideal for sailing. Generally, cool temperatures and occasional rainfalls occur especially at night, especially in the mountains, a fact that you have to take into account when packing for your adventure.

Packing for your tour

Being as light as possible is always important on an adventure tour plus space is limited on board a sailboat so our travelers are expected to bring with them a backpack or suitcase as well as a daypack for personal items and valuables.

Travel documents: Passport, visa if required, valid travel/activity insurance

Personal health care items: personal medication, sunscreen, insect repellent, travel sickness tablets, sunglasses, insect bite gel

Clothing/walking/swimming gear: fleece/soft-shell jacket, waterproof & windproof jacket, sun hat, long trousers (wearing shorts is not permitted in monasteries and churches), shorts, swimming costume, extra towels for swimming, t-shirts, hooded tops, trainers/walking shoes, waterproof hiking shoes/boots, personal mattress or a sleeping bag (should you choose to sleep on the yacht's sundeck), torch, umbrella, snorkelling mask and fins.

F. WHAT'S INCLUDED / NOT INCLUDED

INCLUDED IN THE PRICING:

- Sailboat charter for a week
- Accommodation for up to six guests in double cabins
- All fuel costs
- All port authorities, marina fees, electricity and water costs
- Services of a Bearing True South skipper for a week
- Services of a Bearing True south guide for a week
- 7 self serving breakfasts on board
- Guided hiking, walking and sightseeing tours of all the places visited
- All taxes (including VAT)

NOT INCLUDED IN THE PRICING:

- Airfare to/from Athens, Greece
- Transfers where needed (we can arrange those at an extra fee)
- Meals not listed in inclusions (we can arrange shopping for supplies as a free of charge service)
- Local transfers on the islands
- Personal expenses
- Gratuities to your guide and skipper

- Travel insurance (required)

2. OUR FLEET

At Bearing True South we operate a **fleet of 6 sailboats** and **1 catamaran** built between 2011 and 2020.

What follows is short descriptions of each vessel based in Athens, Greece and their respective layouts.

- **Beneteau Oceanis 46 (2011)**

Our **46 feet long Beneteau Oceanis** was built in 2011 and was fully renovated by us in 2017. She sports 3 spacious double bed cabins (2 in the stern, 1 in the bow), separate crew quarters in a bunk bed cabin, 2 WCs, 2 showers, a fully equipped kitchen and a large dining room in the galley, and the most spacious deck of any boat of that size. In 2018 we also installed high powered solar panels and a new engine for the dinghy (small zodiac we have on the sailboat to explore small bays and caves on the islands). She has a 75hp motor engine that we use when there's not enough wind to power the sails. She can very comfortably accommodate up to 6 guests.



- **Beneteau Oceanis 46 (2011)**

Our second **46 feet long Beneteau Oceanis** was built in 2011 and was fully renovated by us in 2017. She sports 3 spacious double bed cabins (2 in the stern, 1 in the bow), separate crew quarters in a bunk bed cabin, 2 WCs, 2 showers), a fully equipped kitchen (including a second fridge unit and a microwave), a large dining room in the galley (including a 21" TV), and the most spacious deck of any boat of that size. In 2018 we also installed high powered solar panels and a new engine for the dinghy (small zodiac we have on the sailboat to explore small bays and caves on the islands). She has a 75hp motor engine that we use when there's not enough wind to power the sails. She can very comfortably accommodate up to 6 guests.



- **Hanse 508 (2020)**

Our 51 feet long **Hanse 508** is a brand new 2020 model. She sports 4 double cabins (2 in the bow and 2 in the stern), all of them with ensuite bathrooms and showers. Please keep in mind that one of the bathrooms is reserved for the crew. She also boasts a fully equipped kitchen and a very large dining room area in her galley, as well as an impressively large sundeck. Early 2020 we installed high powered solar panels. She has an 80 hp motor engine that we use when there's not enough wind to power the sails. She can very comfortably accommodate up to 6 guests.



- **Hanse 508 / 2020**

Our second 51 feet long **Hanse 508** is a brand new 2020 model. She sports 4 double cabins (2 in the bow and 2 in the stern), all of them with ensuite bathrooms and showers. Please keep in mind that one of the bathrooms is reserved for the crew. She also boasts a fully equipped kitchen and a very large dining room area in her galley, as well as an impressively large sundeck. Early 2020 we installed high powered solar panels. She has an 80 hp motor engine that we use when there's not enough wind to power the sails.

She can very comfortably accommodate up to 6-8 guests.



- **Hanse 548 (2020)**

Our 55 feet long **Hanse 548** is a brand new 2020 model, right off the shipyard in Germany.

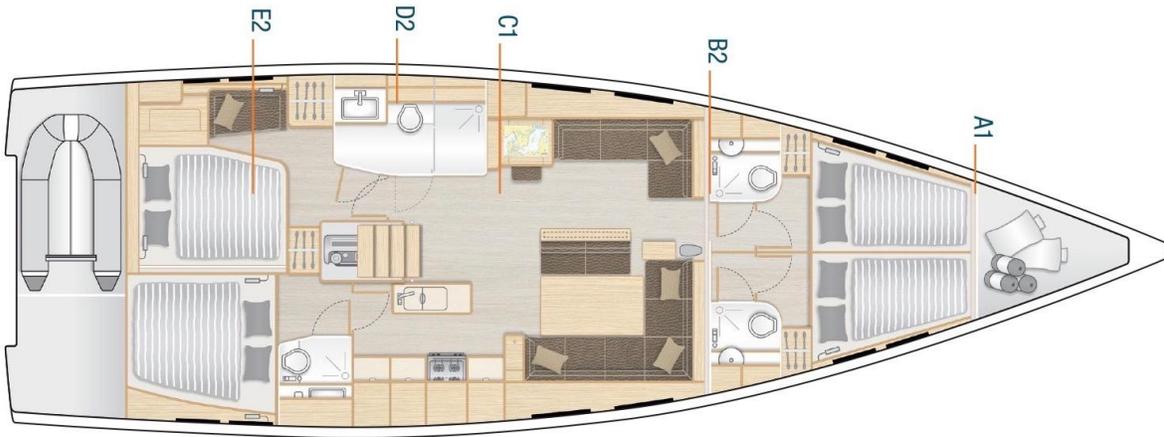
She sports 4 double cabins (2 in the bow and 2 in the stern), all of them with ensuite bathrooms and showers.

Please keep in mind that one of the bathrooms is reserved for the crew.

All cabins have A/C that operates through a generator.

She also boasts a fully equipped kitchen and a very large dining room area in her galley, as well as an impressively large sundeck. Early 2020 we installed high powered solar panels. She has a 107 hp motor engine that we use when there's not enough wind to power the sails.

She can very comfortably accommodate 6-8 guests.



3. WHAT PEOPLE SAY ABOUT US

You can find reviews that guests left for us on our [Facebook page](#) and [TripAdvisor page](#).

Here are some **recent reviews**:

- Wow what an adventure. So lucky to have sailed with my family and doubly lucky to have had Stavros and Andreas as our crew. Never imagined I'd ever take a trip like this. It was mesmerizing and stunningly beautiful sailing through the charming little Cyclades islands of Greece. I loved pulling into each of the whimsical little port towns and stepping ashore to wander and explore. So many fairy tale moments. The people were lovely and gracious and so welcoming. And boy do they know their coffee and pastries.
We didn't have to think or plan anything. We let Stav do it all and he did not disappoint. The food was wonderful (all recommended by Stav and he knows his stuff). We were free to wander, hike or chill at some pretty beaches. Our comfort and enjoyment were the most important thing to Stavros and Andreas.
We stopped at some unbelievable turquoise water swimming coves where we were free to float, snorkel or swim ashore. Saw some breathtaking sunrises and sunsets, not to mention the stars at night.
I feel like we made some lifelong friends in Stavros and Andreas (my newly adopted sons) and I'd recommend this trip to anyone who loves to travel to new places unlike any typical

touristy spots.

We also did the tourist spots of Mykonos and Santorini when we got off the boat and they were lovely but we kept saying how glad we were to have seen the real Greece and walk amongst the true natives. Such a different vibe. Also I'm pretty sure we had some of our best meals in those little port towns we sailed to. Some of the restaurants had 3 generations of family cooking the meals. Unbelievably delicious.

So don't hesitate to book a trip with Bearing True South. You'll be so thrilled that you did.

P.S. I slept like a baby on that boat.

Nancy P. / Las Vegas, Nevada

- This was the most amazing vacation that I have personally ever been on and will likely compare all other vacations for the remainder of my travels. We spent a week sailing with Panos & Andreas, and it was nothing short of spectacular. Everything was so easy to set up, and these guys are very open about things to come on your trip, which is incredibly helpful when three out of the four of us hadn't spent much time on a sailboat. Panos definitely knows his way around the islands--especially the right places to eat. We also fell in love with Andreas, who was our captain. He added an entirely different dimension to our trip that we hadn't expected. Needless to say, I would hands down spend another vacation in Greece trusting these guys to show us the best that Greece has to offer. Thank y'all so much for an unforgettable experience!!

Chelsea R. / Dallas, Texas

- My family just returned from a week-long sail of the Cyclades with Bearing True South. It was an absolutely amazing family vacation that will be a cherished memory for all of us for years to come. Our experience was perfected by BTS staff, Stavros and Yanni. These guys were top notch and helped us experience the true Greece by directing us to the smaller islands and helping us see them as a local would. The out of this world beaches, picturesque villages, awesome food, and Stavros recommended coffee shops made the trip unforgettable. Yanni is an awesome captain. Stavros is a top notch guide. Both have fantastic personalities that are perfect for their jobs. They keep you entertained when needed and know when everyone is ready to chill. Our family includes three kids: 20, 17, and 15. This was a perfect vacation for our active family and receives my highest recommendation!!!! Don't just think about doing it...Do it!!!

Scott G. / Jackson, Tennessee

- There aren't enough words to describe what an incredible and authentic Greek Islands experience we had with Bearing True South. We didn't know just how committed they are to their guests until we traveled with them in August of 2019.
Having a guide with us on a trip like this was maybe the most important element for all of us, as we didn't know just how great it was to have someone else worry about weather, where we were going to dine and what the best things were to do at the various locations we traveled to. You get to really decompress and enjoy the experience when you don't have to get into planning the details on a daily basis and we loved that luxury.
We were given options every step of the way to cater to all of our needs and the absolute commitment of their team to make everything perfect was undeniable. Additionally, their

honesty in finding the best route/tour for us was one of the best parts. There are so many ways to experience the Greek islands and these folks work tirelessly to make sure you have the best experience possible.

It's worth noting that we didn't know anyone who had traveled with BTS before and we took a leap of faith and booked the trip after a few emails and a Skype call. If you are going to Greece, look these guys up. They know all the ins and outs and will make sure you have an incredible experience.

Rich F. / Stamford, Connecticut

4. OUR CANCELLATION POLICY

Standard cancellation policy:

- 1. If a customer decides to cancel up to 60 days before departure, once they have booked their travel dates, they may cancel with a penalty fee of 10% of the total price.**
- 2. Under 60 days and up to 30 days prior to departure they may cancel with a 50% penalty of the total tour price.**
- 3. Under 30 days prior to departure the cancellation penalty will be 100% of the tour price.**

Emergency policy:

The below terms apply ONLY under the condition where travel restrictions are in place due to the pandemic or the operator will be forced to cancel the departure due to local restrictions.

- 1. If travel restrictions are in place due to the pandemic or the operator is forced to cancel the departure due to local restrictions, the original departure will be canceled by the operator and the customer will have the option to change their date to another available date, at any time prior to departure, within the same season in 2021 or 2022 without extra fees/costs. If the customer wants to change seasons additional fees might apply. No specific deadline will be set for choosing a new date, this will always be decided given the availability we have at the time of the new booking.**
- 2. If travel restrictions are in place due to the pandemic or the operator is forced to cancel the departure due to local restrictions, up to 60 days before departure, the customer may cancel the trip with a penalty fee of 10% of the total price.**
- 3. Less than 60 days prior to departure, If travel restrictions are in place due to the pandemic or the operator is forced to cancel the departure due to local restrictions, the customer might cancel**

the trip with a penalty of 30% of the total price which corresponds to the non refundable trip costs.

5. AVAILABILITY FOR 2022

All itineraries are on a Saturday to Saturday basis

SAILBOAT OCEANIS 46 (2011)

- May 7 - May 14, 2022
- May 14 - May 21, 2022
- May 21 - May 28, 2022
- May 28 - June 4, 2022
- June 4 - June 11, 2022
- June 11 - June 18, 2022
- June 18 - June 25, 2022
- June 25 - July 2, 2022
- July 2 - July 9, 2022
- July 9 - July 16, 2022
- July 16 - July 23, 2022
- July 23 - July 31, 2022
- August 20 - August 27, 2022
- August 27 - September 3, 2022
- September 3 - September 10, 2022
- September 10 - September 17, 2022
- September 17 - September 24, 2022
- September 24 - October 1, 2022
- October 1 - October 8, 2022
- October 8 - October 15, 2022
- October 15 - October 22, 2022

- July 31 - August 6, 2022
- August 6 - August 13, 2022
- August 13 - August 20, 2022

Our **Hanse 508 (2020)** and **Hanse 548 (2020)** sailboats are available as an upgrade option upon request and have seasonal pricing. Upon inquiry on specific dates (always Saturday to Saturday) we can provide exact pricing and availability.

Please note that we require a 50% deposit via wire transfer in order to confirm your booking. The remaining balance of 50% will be due 40 days before your departure.